



INSTITUTE FOR NEUROFUNCTIONAL PSYCHOLOGY™

Dr. Bernadette V. Di Toro, Psy.D.

Founder | Executive Director | President of the Board

Dr. Bernadette V. Di Toro is the Founder and Executive Director of the Institute for Neurofunctional Psychology (INP), a nonprofit educational organization dedicated to translating neuroscience, nervous system science, and integrative psychology into practical tools for prevention, education, and community well-being.

Dr. Di Toro is a licensed clinical psychologist with advanced graduate training in clinical psychology, gerontology, neuroscience-informed care, trauma studies, and psychoanalytic theory. She holds a Doctor of Psychology (Psy.D.) from the California School of Professional Psychology at Alliant International University, and a Master of Arts in Clinical Psychology, and a Master of Science in Gerontology from San Diego State University. Her professional background includes extensive clinical research experience, academic collaboration, and leadership in behavioral health program development.

She has served as Principal Investigator on multiple clinical research initiatives, including federally regulated clinical trials, and has worked within academic medical centers, university-affiliated programs, and interdisciplinary healthcare settings. Her work emphasizes prevention, emotional regulation, cognitive resilience, family systems, and lifespan health.

As Executive Director, Dr. Di Toro is responsible for organizational leadership, strategic planning, program development, research integrity, and educational standards. As President of the Board, she provides governance oversight to ensure INP operates in alignment with its charitable mission, ethical obligations, and public accountability.